

PROVIDENCE RENEWAL CENTRE

Register at [www.providencerenewal.ca](http://www.providencerenewal.ca)

780-701-1854 3005 119 Street NW, Edmonton, AB T6J 5R5



## FALL PROGRAMS 2021

### **CENTERING PRAYER**

Silence is an opportunity to acknowledge God's presence and to grow in awareness of the movements of the Spirit within our lives. Join us on Wednesdays at 6:30 pm via Zoom for 20-minutes of Centering Prayer followed by learning and fellowship.

**Wednesdays (via Zoom) at 6:30 pm (drop-in)**

**Sept 8 will be in person at PRC**

**Sept 15, 2021 to June 29, 2022 will be via Zoom**

**No Charge Event #14342** Go to [www.providencerenewal.ca](http://www.providencerenewal.ca) to register for the Zoom link to the sessions.

### **"JUST SILENCE"- MORNING MEDITATION**

**(PRC Staff via Zoom)**

Are you looking for a place to gather in community, in silence, for contemplation and prayer? Sometimes being faithful to a meditation practice just requires 'showing up'. Enter the Virtual Sanctuary on Wednesday mornings at 7:30 a.m. for an opportunity to be in stillness with others. Use whatever form of meditation in silence that you prefer. If you wish you may join in prayers of intention or gratitude in community after the 20 minutes of silence.

**Wednesdays (7:30 am- 7:50 am) September 15 to December 15**

**No Charge #14421**

Go to [www.providencerenewal.ca](http://www.providencerenewal.ca) to register for the Zoom link to the sessions.

### **THE SPIRITUAL EXERCISES OF ST. IGNATIUS OF LOYOLA - A RETREAT IN THE REAL WORLD**

**Faith Nostbakken, PhD (via Zoom)**

*A Retreat in the Real World*, the 19th Annotation of the Ignatian Exercises, encourages a closer relationship with God by praying through the life, death, and resurrection of Jesus. Participants spend an hour daily in personal prayer, keep a journal of their prayer experiences, share their prayer journey with a spiritual director every two weeks, and gather monthly for continued learning.

**September 14, 2021, to May 24, 2022**

**\$990.00/payable by semester** (\$495 in Sept, \$495 in Jan includes spiritual direction and group meetings)

**Event #14312/14313**

**Register by: September 1**

**Faith Nostbakken, PhD**, is an experienced spiritual director rostered at the Providence Renewal Centre. She is an ordained deacon and ecumenical officer of the Evangelical Lutheran Church in Canada and a graduate of Newman Theological College (MTS). Faith completed the training program to guide the Spiritual Exercises at Loyola House, Guelph, ON, and has been accompanying individuals and groups through the Spiritual Exercises since 2015.

## DREAMWORK AS SPIRITUAL PRACTICE

*Kath Sparo (offering morning or evening sessions via Zoom)*

Come learn about the dream world and the wisdom it offers your day-to-day life. We will explore ways to engage with your dreams individually and to learn a group method of dream exploration that allows for each person to do their own inner work (as taught by the Haden Institute, NC). Each session will offer some teaching followed by an in-depth exploration of one or two dreams offered by the group members. All faith traditions and spiritual backgrounds welcome, no prior knowledge or experience with dreams necessary. Choose a morning or evening series.

**Thursdays (bi-weekly): Sep 23, Oct 7, Oct 21, Nov 4, Nov 18, Dec 2                      \$120.00**

**(9:30-11:30 am)    Event #14354**

**(7:00-9:00 pm)    Event #14355                      Register by September 16**

**Kath Sparo** is a wisdom seeker and a lover of wholehearted living. She is a spiritual director, writer, musician, and facilitator certified in Dreamwork at the Haden Institute, NC, and in Spiritual Direction in both Haden and PRC SD Programs. She helps people live true to themselves by embracing the mystery and wonder of the inner life.

## SPIRITUAL BOOK CLUB- 1<sup>st</sup> Monday of the month (via Zoom)

October 2021-June 2022

Join us on Zoom as we use our eyes of faith to see inspiration in the writings of a variety of authors.

**Members are responsible for acquiring their own books.** Most are available through Public Libraries and on e-readers.

**(7:00 pm to 8:30 pm)                      \$45.00                      Event #14343**

### 2021-2022 dates and titles:

Oct 4:            *River of Fire: My Spiritual Journey* by Sr. Helen Prejean

Nov 1:           *Julian of Norwich: Wisdom in Time of Pandemic and Beyond* by Matthew Fox

Dec 6:           *Ragged Company* by Richard Wagamese

Jan 10:          *Miracles and Other Reasonable Things: A Story of Unlearning and Relearning God* by Sarah Bessey

Feb 7:           *The Time is Now: A Call to Uncommon Courage* by Sr. Joan Chittister

March 7:        *Between Gods* by Allison Pick

April 4:         *On the Brink of Everything; Grace, Gravity and Getting Old* by Parker Palmer

May 2:          *No Good Asking* by Fran Kimmel

June 6:         *Wearing God: Clothing, Laughter, Fire, and Other Overlooked Ways to Meet God* by Lauren Winner

## ST. PAUL: ACCEPTING THE CHALLENGE TO FOLLOW THE WAY

*Rooney and Punyi Educational Theatre (on site in PRC auditorium)*

This passionate live theatre piece from the *Saints Come Marching In* series tells the story of St. Paul as he meets the Risen Christ on the road to Damascus. He is challenged to spread the gospel to those in far off lands. Paul shares his transformational experience as he is filled with God's light and love; he moves from persecuting believers to an amazing journey sharing the Good News.

*The performance will be followed by time for reflection and discussion.*

**Wednesday October 13 (7:30-8:30 pm)                      \$20.00**

**Register by October 6    #14379**

**Maureen Rooney and Paul Punyi** are a husband-&-wife team who have acted professionally since 1979 with some of Canada's finest theatres and in film and television. Recipients of the *St. Albert Mayor's Lifetime Achievement in the Arts Award* in 2013, the two are writers and co-artistic directors of ROONEY AND PUNYI EDUCATIONAL THEATRE COMPANY. They tour Alberta with performing arts residencies, and a repertoire of more than 20 shows!

## WRITING FROM THE INSIDE

### *Antoinette Voûte Roeder (via Zoom)*

Explore your creative soul as you join poet Antoinette Voûte Roeder for this poetry writing exploration series! Inspired by two or three select poems in each session, including discussion and suggestions for getting started on our own writing, we will have ample time to work with our poems and share them.

**Session 1: *Process*.** What is the context for, what are the ingredients of the writing process?

**Session 2: *Poems of Loss*.** Every poet is familiar with loss, even despair. We dig deeply for our own experience.

**Session 3: *The Poet's Joy*.** The opposite of loss can be the joy of creation. What do poets say about this and how would you express that?

**Session 4: *The Relationship Between Poet and Reader*.** What would you like to say to your reader? What do Billy Collins, Anna Akhmatova, and W. S. Merwin say?

**Wednesdays (bi-weekly): Oct 27, Nov 10, Nov 24, Dec 8** (1:30-3:30 pm) **\$99.00**  
**Register by October 21 #14377**

*Antoinette Voûte Roeder* is a published poet and experienced retreat facilitator and spiritual director. She loves the process of poem making, and of gathering people for writing retreats. Her books are available on Amazon and at Audrey's Books in Edmonton. Her passions are poetry, music, the plight of the earth, and people.

## EXPLORING PRAYER

### *Carol Sebastian and Linda MacIsaac*

How do you pray? How might new approaches expand and enliven traditional practices?

Join us as we spend a day with the Holy, exploring such questions, and playing and praying with a variety of prayer experiences. Open your heart and receive!

**Saturday October 30** (9:30 am - 4:00 pm) **\$80.00**  
**Register by October 25 #14404**

**Carol Sebastian** has worked in Campus Ministry, corporate communications, and as a photo-journalist. She sees scripture as living inspiration and a call to creativity. **Linda MacIsaac** has an MTS in Spirituality and has worked in retreat programming ministry for the past 20 years. Linda and Carol are on the Program Team at Providence Renewal Centre and on the spiritual director's roster.

## FINDING GOD IN ALL THINGS

*Elizabeth Poilievre and Joanna Walsh*

The Jesuits are celebrating an Ignatian Year to mark the 500<sup>th</sup> anniversary of St. Ignatius' conversion, when he was gradually transformed from soldier to pilgrim. For each of us there are unexpected moments in which God continues to invite us into a deepening relationship. This retreat evening is a time to ponder how God has been revealed in the ordinary events of our lives. We can find God in *all* things, even the things we would rather avoid!

**Tuesday November 2 (7:00 -9:00 pm) \$20.00 Register by October 27 #14416**

**Elizabeth Poilievre**, a member of the Sisters, Faithful Companion of Jesus, has spent many years in the educational field in various capacities. She served as director of Domano Renewal Centre in Prince George for five years, and is an experienced spiritual director and retreat leader with a rich background in Ignatian spirituality. Originally from the USA, **Joanna Walsh FCJ** arrived in Edmonton in November 2020. Joanna has extensive experience in the fields of spirituality, adult formation, and spiritual direction. Her ecumenical experience includes seminarian formation, a continuing education program for pastors, and the formation of spiritual directors. Her delight is to help people integrate their faith with their daily life.

## PREPARING THE WAY- AN ADVENT TWILIGHT RETREAT

*PRC Staff*

*A voice of cries out in the wilderness: "Prepare the way of the Lord!" (Isaiah 40:3, ISV)*

Spend an evening of prayer and reflection in our sacred spaces as we begin Advent, preparing our hearts for the Christmas season. Spend time in our chapel and/or walking and praying the indoor labyrinth by candlelight. We will be open at 5:30 pm for this drop-in evening. We welcome you into our sanctuary spaces for prayer, with optional Lectio Divina together at 7:00 pm, followed by continued silent reflection until 8:30 pm. Come when you can, for as long as you can, or for the full evening. (Please eat before or after attending; no meal provided.)

**Tuesday November 30 Available 5:30 - 8:30 pm By donation.**  
**Register by November 24 #14414**