

## SPIRITUAL EXERCISES OF ST. IGNATIUS OF LOYOLA 2021-2022

Week	Dates		Page	
	<b>Sept 14</b>	<b>Orientation/Group Meeting #1 - Ignatius &amp; Prayer</b>		
		Pre-Reading	1-37	
		<b>Preparation Days</b>		
1	Sept 26	God's Unconditional Love for Me	38	
2	Oct 3	God's Ongoing Creation	45	
3	Oct 10	The Intimacy of Prayer	49	
	<b>Oct 12</b>	<b>Group Meeting #2 - Principle &amp; Foundation</b>		
4	Oct 17	God's Invitation to Greater Freedom	57	
5	Oct 24	The Principle & Foundation	63	
6	Oct 31	God's Call to Me	71	
		<b>Week 1</b>	<b>79</b>	
7	Nov 7	The Reality of Sin	90	
	<b>Nov 9</b>	<b>Group Meeting #3 - Sin &amp; Sinfulness</b>		
8	Nov 14	My Own History of Sin & Grace	97	
9	Nov 21	The Causes & Consequences of Sin	102	
10	Nov 28	God's Merciful Love for Me	112	
		<b>Week 2</b>	<b>121</b>	
11	Dec 5	The Contemplation on the Incarnation	129	
12	Dec 12	The Birth of Jesus	137	
	<b>Dec 14</b>	<b>Group Meeting #4 - Meditation &amp; Contemplation</b>		
	Dec 19-26	<b>REPETITION/BREAK</b>		
13	Dec 26	The Childhood of Jesus	143	
14	Jan 2	The Hidden Life of Jesus	147	
15	Jan 9	The Call of Christ, Our King	153	
16	Jan 16	Jesus' Public Ministry Begins	162	
	<b>Jan 18</b>	<b>Group Meeting #5 - The Two Standards</b>		
17	Jan 23	Meditation on Two Standards	168	
18	Jan 30	The Call & Cost of Discipleship	176	
19	Feb 6	Three Ways of Loving	183	
	<b>Feb 8</b>	<b>Group Meeting #6 - Discernment</b>		
	Feb 13-19	<b>REPETITION/BREAK</b>		
20	Feb 20	Jesus' Public Ministry	188	
21	Feb 27	The Kingdom of God	196	Ash Wednesday - Mar 2
22	Mar 6	Jesus as Human & Divine	200	
	<b>Mar 8</b>	<b>Group Meeting #7 - Praying the Passion</b>		
	Mar 13-19	<b>REPETITION/BREAK</b>		

		<b>Week 3</b>	<b>211</b>	
23	Mar 20	The Road to Calvary	216	
24	Mar 27	The Arrest of Jesus	222	
25	Apr 3	The Suffering & Death of Jesus	227	
26	Apr 10	The Paschal Mystery	230	
		<b>Week 4</b>	<b>233</b>	
27	Apr 17	The Resurrection of Jesus Christ	240	Easter - April 17
	<b>Apr 19</b>	<b>Group Meeting #8 - Resurrection/The Love of God</b>		
28	Apr 24	The Risen Life	244	
29	May 1	The Contemplation of the Love of God	248	
30	May 8	Life in the Spirit	256	
31	May 15	Gathering the Graces	259	
32	May 22	Looking Ahead with Hope	262	
	May 24	<b>Group Meeting #9 - The Gifts of the Exercises</b>		